

## AFTER SCHOOL PROGRAM

Runs Monday to Friday: 3:00-6:00 p.m.  
Includes: snack, homework club, crafts, computer learning center, games room, gym and fun swims.  
Programs run from the Eastview and Northview Units: **Ends June 29, 2010**

### March Break Camp:

\$100/wk OR \$25/day for club members  
\$110/wk OR \$30/day for non-members

### Summer Camp Registration starts Feb. 15th

**New this year: specialized summer day camp for 4 and 5 year olds at the Eastview Unit !!!**

#### **Yearly membership fees:**

\$50/child, 5-12 years  
\$45/child for families of 3 or more children  
\$20/teen, 13-18 years

**Hansel and Gretel Nursery School** offers half-day sessions throughout the school year. For more information call 905-728-5121 x 225

**Book your birthday party or special event with the Eastview Boys and Girls Club. We have a pool, gym and games room to choose from.**

### Aqua Fitness Classes

**\$58 for a 10 class lesson card.**

You can still pay-as-you-go for \$6.50/class

#### Times:

Mondays 9:00 am & 8:00 pm  
Wednesdays 9:00 am & 10:00 am  
Saturdays 8:30 am

Red Cross Swim Preschool classes are also available Monday mornings and Tuesday during the morning or afternoon.

Call 905-728-5121 ext 228 for more information.



**We Serve**

**Pool Sponsor**



# SPRING 2010 AQUATIC BROCHURE

Registration starts  
Monday March 1st, 2010



### Eastview Unit-Main Unit

433 Eulalie Ave, Oshawa, L1H 2C6  
905-728-5121

### Northview Unit

Northview Community Centre  
150 Beatrice St. E, Oshawa, L1G 7T6  
905-436-5636 ext 2871

### WHAM: Westminister Unit-Whitby

### Terry Fox P.S. Unit-Ajax

### Bolton C. Falby P.S Unit-Ajax

Visit us at [www.eastviewbgc.com](http://www.eastviewbgc.com)

Our agency offers financial assistance for swimming lessons through the Canadian Jump Start Foundation. Please call the Aquatic Director for information @ ext 228.



**Mission Statement:** To provide a safe and supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life.

# Spring 2010 Aquatic Swimming Lessons

Spring lessons start Monday March 22<sup>nd</sup> and end June 7<sup>th</sup>, 2010

**Classes cancelled:** April 3<sup>rd</sup> & 5<sup>th</sup> (Easter Weekend)

May 22<sup>nd</sup> & 24<sup>th</sup> (Victoria Day Weekend)

**Cost: \$68 for the session. If you are a club member your fee is \$61**

**Saturday classes are only 9 weeks: cost is \$62 OR if you are a club member it is \$55**

*Please bring your child's previous progress report so the instructor can focus on incomplete items!*

## Swimming Lesson Ratios

| <u>Level</u>                    | <u>Pupil/Teacher ratio</u> |
|---------------------------------|----------------------------|
| Red Cross Swim Preschool levels | 4:1                        |
| Red Cross Swim Kids 1-4         | 4:1                        |
| Red Cross Swim Kids 5-10        | 6:1                        |

## Length of Class

| <u>Level</u>   | <u>Duration</u> |
|----------------|-----------------|
| Swim Preschool | .30mins         |
| Swim Kids 1-4  | .30mins         |
| Swim Kids 5-10 | .45mins         |

| <b>Swim Preschool</b>                                                 | <b>Monday<br/>Mar. 22-June 7</b> | <b>Tuesday<br/>Mar. 23-May 25</b>        | <b>Wednesday<br/>Mar. 24-May 26</b> | <b>Thursday<br/>Mar. 25-May 27</b> | <b>Saturday<br/>Mar. 27-June 5</b> |
|-----------------------------------------------------------------------|----------------------------------|------------------------------------------|-------------------------------------|------------------------------------|------------------------------------|
| Starfish & Duck<br>(Parent & Tot)                                     | 11:00am                          |                                          |                                     |                                    | 10:00am                            |
| Sea Turtle                                                            | *5:30pm                          |                                          | 6:30pm                              | *5:30pm                            | 10:30am                            |
| Salamander                                                            | *5:30pm                          | *5:00pm                                  |                                     | *5:30pm                            | 10:30am                            |
| Sunfish                                                               | 7:00pm                           | *5:00pm                                  |                                     | 5:30pm                             |                                    |
| Crocodile & Whale                                                     | 7:00pm                           | 5:30pm                                   | 5:30pm                              |                                    | 11:30am                            |
| <b>Swim Kids</b>                                                      |                                  |                                          |                                     |                                    |                                    |
| Level 1                                                               | 6:00pm                           | 6:00pm<br>*6:30pm                        | 5:00pm<br>*7:00pm                   | 6:00pm                             | *10:00am<br>11:45am                |
| Level 2                                                               | 5:30pm                           | 4:30pm<br>*6:30pm                        | 5:00pm<br>*7:00pm                   | 6:00pm                             | *10:00am<br>11:00am                |
| Level 3                                                               | 6:30pm                           | 5:00pm<br>6:30pm                         | 6:00pm<br>*7:00pm                   | 5:00pm                             | *9:30am<br>11:00am                 |
| Level 4                                                               | 6:00pm                           | 5:30pm<br>6:30pm                         | 6:00pm<br>*7:00pm                   | 5:00pm                             | *9:30am<br>12:00pm                 |
| Level 5                                                               | 6:15pm<br>*7:00pm                | *4:15pm<br>5:00pm                        | 5:00pm                              | *5:45pm                            | *9:30am<br>*11:00am                |
| Level 6                                                               | 6:15pm<br>*7:00pm                | *4:15pm<br>5:45pm                        | 5:00pm                              | *5:45pm                            | *9:30am<br>*11:00am                |
| Level 7                                                               | *7:00pm                          | *5:00pm                                  | 5:45pm                              | *5:00pm                            |                                    |
| Level 8                                                               | 5:30pm<br>*7:00pm                | *5:00pm                                  | 5:45pm                              | *5:00pm                            | *10:15am                           |
| Level 9/10                                                            | 5:30pm                           | 5:45pm                                   | 6:30pm                              |                                    | *10:15am                           |
| Private times<br>\$190/10 classes<br>Semi-Private<br>\$125/10 classes | 6:30pm<br>7:30pm X 2             | 4:00pm X 2<br>4:30pm<br>6:00pm<br>6:30pm | 5:30pm<br>6:30pm                    | 6:00pm                             | 9:30am<br>12:00pm                  |

**Note \* equals combined classes**

## LEADERSHIP COURSES

### Junior Life Guard Club

Experience skills and thrills of lifesaving & lifeguarding: Pre-req. 10years, able to swim 25 meters & tread water for 2 minutes.

### Bronze Star

Excellent preparation for Bronze Medallion.

### Bronze Medallion & Bronze Cross

### Assistant Water Safety Instructor

Pre-req.: 15 years by exam date. Candidates will need to complete 12 hours of volunteering during aquatic lessons.

## TIME

Thursdays 5:00-6:00pm

Wednesday 6:30-7:30pm

Wednesday 6:30-9:00pm

Sundays 9:00am-12:00pm

## COST

\$68.00 (club members \$61)

\$68.00 (club members \$61)

\$130.00 for Bronze Medallion  
\$110.00 for Bronze Cross

\$185.00